described. It may, however, interest readers who are struggling with the important topic of research in occupational therapy.

Judith Falconer, PhD, OTR/L

Head Injury: A Guide to Functional Outcomes in Occupational Therapy
Karen M. Kovitch, OTR, and Diane E. Ber- 
vard, Rockville, MD 20850.
236 pp., $52.

Although this book reflects the combined efforts of many people, it is a comprehensive text describing treatment approaches for the head-injured patient. This text is easy to read and provides excellent resources, including protocols, photographs, clinical examples of standards of care, charts listing short-term and long-term goals and treatment ideas, evaluation tools, references, and reading and resource lists. It would be a useful reference book for occupational therapists working in acute care or rehabilitation settings.

Mercedith Squire, OTR

Six Perspectives on Theory for the Practice of Occupational Therapy
247 pp., $29.95.

The purpose of this book "is to provide a thorough review of selected theorists whose lives and works have influenced the direction and development of clinical practice in occupational therapy" (p. vi). The theories described are those proposed by Gail Fidler, Anne Cronin Mosey, Lela A. Llorens, A. Jean Ayres, Mary Reilly, and Gary Kielhofner. I recommend this book to all occupational therapists—after reading it, one cannot help but gain a perspective on how far the field of occupational therapy has come and how far we have yet to go. The need for research to validate the theoretical constructs on which our profession is based cannot be denied.

Katherine A. Burston, MS, OTR/L

Pain Centers: A Revolution in Health Care
261 pp., $79.

The authors of this book present a realistic description of the organizational structure of a pain center, the treatment modalities used in treating the patient with chronic pain, and the issues involved in measuring effectiveness and treatment outcome. The book is recommended for clinicians working with chronic pain patients and for academics and graduate students interested in organizational structures in the health care industry.

Franklin Stcin, PhD, OTR, FAOTA

Fitness Without Stress: A Guide to the Alexander Technique
131 pp., $14.95.

This book is a useful resource for anyone interested in the Alexander Technique. The author, a teacher of the technique, ably describes this hands-on method of self-improvement. The Alexander Technique involves a mind-body connection and aims, at least in part, to help trainees learn how to release excessive or inappropriate muscle tension and improve posture and coordination. Individual cases and vignettes help the reader understand the usefulness of the technique in alleviating such problems as backaches and migraine headaches.

Deborah L. Rochman, MS, OTR/L

Fitness for Work: The Medical Aspects
485 pp., $36.

The main chapters of this book cover a wide range of medical conditions relevant to psychiatric and physical rehabilitation therapists. The implications for work and the treatments that may affect work capacity are outlined. This book would be most helpful for familiarizing administrative professionals with special needs in the workplace and problems that may arise at work as well as giving necessary work restrictions. Because reimbursement and cost effectiveness are primary concerns in all areas of practice, this book's practical approach makes it a useful guide to providing fit and healthy workers.

Tricia Behn, OTR

The Prepare Curriculum: Teaching Prosocial Competencies
687 pp., $27.95.

The Prepare Curriculum, a series of coordinated psychoeducational courses, is presented in individual chapters designed to teach an array of prosocial psychological competencies to adolescents and younger children who are deficient in prosocial behavior. The book, grounded in well-documented and well-referenced approaches to teaching prosocial competencies, is an excellent introduction to 10 recognized and accepted behavioral/psychological intervention techniques.

Barbara Borden, OTR/L, MAT, CAS, NCSP

Quality Impact of Home Care for the Elderly
204 pp., $24.95.

The authors have compiled a thorough, well-written, and timely description and analysis of their research into the quality impact of home care for the elderly. This book covers home care financing, alternative long-term care options, posthospital care arrangements, sources of help, and experiences with service provision. This is an excellent source of information for those wishing to increase their understanding of the home health care system or improve its effectiveness in their own community.

Diane Omholt Burnham, MS, OTR