Appendix

Expectancy-Numeric Rating Scale

Please rate your expectations for reaching the targeted number of repetitions today.

0 1 2 3 4 5 6 7 8 9 10

Credibility Expectancy Questionnaire¹

1. By the end of the therapy intervention period, how much improvement in your stroke symptoms do you think will occur?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

Close your eyes for a few moments, and try to identify what you really feel about the therapy intervention and its likely success. Then answer the following questions.

2. At this point, how much do you really feel that the therapy will help you to reduce your stroke symptoms?

0 1 2 3 4 5 6 7 8 9 10

Not at all Somewhat Very much

3. By the end of the therapy period, how much improvement in your stroke symptoms do you really feel will occur?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

¹Only questions that reflect expectancy score are displayed.